

Our conference theme "**GROWING THROUGH EMOTIONS, HEALING THROUGH FEELING**" seeks to spotlight the latest advancements in Emotion-Focused Therapy (EFT), expanding this approach through innovative methods of engaging clients and delivering EFT, while striving to influence upcoming generations of psychotherapists worldwide through contemporary training initiatives. We aim to showcase recent developments in EFT, particularly in addressing diverse client populations, drawing from recent advancements in practice and research.

CALL FOR SUBMISSIONS

We welcome submissions across all realms of EFT practice, research, training, and supervision. Submissions may be placed under five different formats: Symposiums, Mini workshops, Structured discussions, Brief papers, and Posters (more on this below).

The due date for submissions of proposals for the 2025 ISEFT conference is September 1st, 2024, through the conference website (<http://www.iseftconference.com>).

INSTRUCTIONS FOR SUBMISSIONS

We take this opportunity to provide the following overview of submission types and specific information. Since our wonderful EFT community is growing from conference to conference, you may be asked by the Scientific Program Committee to present your submission in a different format (e.g., a brief paper as a poster).

Symposiums

Symposiums are structured panels, focused on a common theme, with a total duration of 75 minutes (1h15). These symposiums should include one of two possible formats: i) four brief presentations (maximum of 15 minutes duration), with 5 to 10 minutes left for Q&A with the audience, or ii) three brief presentations and a Discussant (3+1), also with 5 to 10 minutes left for Q&A with the audience. The moderator will be appointed among the proponents of that symposium (usually the organizer of the panel).

Mini workshops

Mini workshops provide an opportunity for more in-depth learning upon a specific topic for EFT practice, research, or training. With a total duration of 75 minutes (1h15), they may involve one, two or up to three presenters, which will structure the learning goals and methods with the aim of providing training in a specific area of EFT. When proposing this submission format, proponents are encouraged to explicitly state the learning goals for the trainees by the end of their participation in that mini workshop. Although we encourage this form of submissions, the total number of mini workshops featured in the ISEFT conference will have to be limited.

Structured discussion

Structured discussions provide opportunity for a more interactive conversation among the presenters and the audience around a specific theme. With a total duration of 75 minutes (1h15), they should start with a pitch-presentation (5 minutes or less) on the theme to be discussed, then each presenter (3 to 5 presenters) conducts a very brief presentation to kickoff discussion (5 minutes or less) among the proponents and colleagues in the audience. They are mostly suitable for emerging topics in EFT, such as new developments in practice, supervision, and training, among other issues.

Brief papers

Brief papers are 10 to 15 minutes presentations. We hope to group them in panels aggregating common or complementary topics, with a few minutes left for Q&A with the audience at the end of the brief paper panel. We will designate an internal or external moderator (if within or outside the participants of that panel) to keep track of the time flow of the panel.

Posters

Poster sessions will be available during the ISEFT conference program. Posters should be featured in A1 size (59 x 84 cm; 23 x 33 inches) and are appropriate for research reports, including case studies, completed research projects, pilot studies or work-in-progress studies. Word count should be limited within 300 to 800 words and an effective use of text (bullets, numbering, and headlines) and design (figures, graphics, color) is recommended. Specific instructions for their display will be provided upon acceptance.

[**Make your submission now**](#)

The due date for submissions of proposals for the 2025 ISEFT Conference is **1st September**.