

Emotion-Focused Psychotherapy:
FIRST TIME IN ALBERTA with Dr. Les Greenberg!
EFT - LEVEL ONE – TRAINING INSTITUTE

WORKSHOP DESCRIPTION:

Level One Training Institute: This intensive 4 day training institute provides participants with solid grounding in the skills required to work more directly with emotions in psychotherapy. The focus of the program will be experiential, learning how to provide change in core emotional structures. Participants receive in depth skill training through a combination of brief lectures, video demonstrations, live modelling, case discussions and extensive supervised role-playing practice. (Limited to 30 participants)

PRESENTED BY: DR. LES GREENBERG

WORKSHOP DATES/TIMES

October 16 – 19, 2017, 2016, from 9:00-5:00
(CALGARY, AB - LOCATION TBA)

EARLY BIRD REGISTRATION = \$1,295 until July 31, 2017

Deposit \$295 (non-refundable). Full balance due by July 31, 2017

Course outline will be sent to you upon receipt of your registration/deposit.

**RESERVE YOUR EARLY BIRD RATE/SPOT BY
CLICKING/PAYING HERE:**

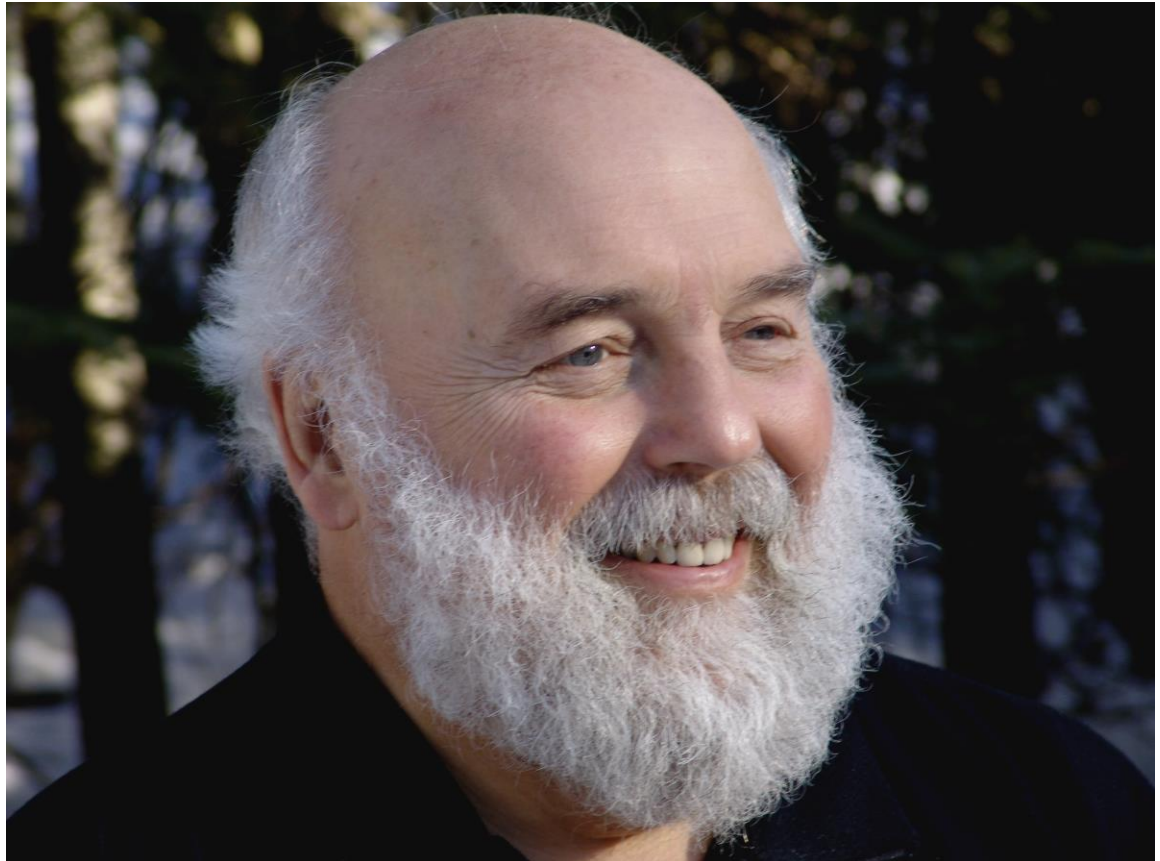
<http://www.calgarypsychology.com/client-info/courses>

REGULAR REGISTRATION RATE = \$1,495, after July 31, 2017,
payment in full due at time of registration.

FOR MORE DETAILS EMAIL: dr.dan@calgarypsychology.com

ABOUT THE PRESENTER

Leslie Greenberg, Ph.D. is Professor of Psychology at York University in Toronto, ON. Dr. Greenberg is the Director of the York University Psychotherapy Research Clinic. He is the widely recognized developer of an emotion-focused approach to therapy. He has co-authored the major texts on emotion focused approaches to psychotherapeutic treatment including: *Emotion in Psychotherapy* (1986) and *Emotionally Focused Therapy for Couples* (1988); *Facilitating Emotional Change* (1993); *Working with Emotions in Psychotherapy* (1997); *Emotion-Focused Therapy: Coaching Clients to Work through Emotions* (2002); and more recently, *Emotion-Focused Therapy and Depression*; *Emotion-Focused Couples Therapy and The Dynamics of Emotion, Love and Power*. Dr. Greenberg is a founding member of the Society of the Exploration of Psychotherapy Integration (SEPI) and a past President of the Society for Psychotherapy Research (SPR). He has received the SPR Distinguished Research Career Award, the Canadian Psychological Association Professional Award for Distinguished Contributions to Psychology as a Profession and the Carl Rogers Award from the American Psychological Association's Society for Humanistic Psychology.



**PHOTO OF DR. LES GREENBERG
PRIMARY DEVELOPER OF EMOTION-FOCUSED THERAPY**